

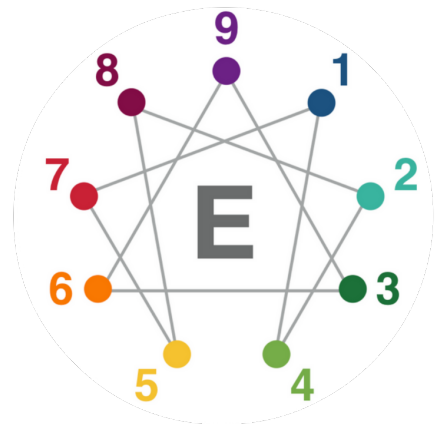
ENNEATYPE DESCRIPTIONS

What's Your Type?

Descriptions by Katherine Chernick Fauvre - www.katherinefauvre.com

Enneagram Type 1 is the Moral Perfectionist

If you are a 1, you want to be accurate, honest, fair and objective. Most importantly, you want to be respectable, to do what is right and what you feel is appropriate. You have high standards and are methodical, ethical and diligent, believing that anything worth doing is worth doing the right way. Under stress, you may have problems with resentment and become angry, nit picking and overly critical. Your core fears are of being wrong, bad, evil corruptible, inappropriate, lazy, and unethical. At your best, you are wise, noble, act with integrity and offer wise guidance to the world.



Enneagram Type 2 is the Supportive Advisor

If you are a 2, you want to be appealing, giving, caring and heartfelt. Most importantly, you want to feel needed, considered important and appreciated for your efforts. You naturally pay attention to the needs and concerns of others and are ready to step in and lend a helping hand. Under stress, you may have problems with pride and find it difficult to ask for help, and become manipulative to get attention or have your needs met. Your core fears are of being worthless, unneeded, unappreciated, unwanted, inconsequential, useless, discarded, lonely, and uncared for by chosen attachments. At your best, you are an empathetic, altruistic, people-person that is able to see and intuit the needs of others and then tend to their needs.

Enneagram Type 3 is the Successful Achiever

If you are a 3, you want to be competent, efficient, accomplished and dynamic. Most importantly, you want to be good at what you do and to look good doing it. You are highly ambitious, driven, focused and self-motivated. You are goal-oriented with the ability to focus. You need goals and projects to achieve and feel the reward of completion and success. Under stress, you may have problems with vanity and become self-promoting, self-deceptive or overly competitive. Your core fears are of being unsuccessful, failing, being inefficient, unmasked, found out, incapable, unable to do, unproductive, and/or second best. At your best, you are self-confident, positive, self-motivated and extremely productive.

Enneagram Type 4 is the Romantic Individualist

If you are a 4, you want to be inspired, intuitive, original and unique. Most importantly, you want to be passionate, true to your feelings and be authentic. You see yourself as a sensitive intellectual that is creative, expressive and spiritual. You are identified with your emotional states and their meaning. You see yourself as emotionally deep and seek beauty and meaning in every thing you do. You may have problems with envy. Under stress, you may be moody, haughty or overly emotional. Your core fears are of being painfully lacking, inadequate, flawed, defective, ordinary, not realizing your potential and being emotionally cut off. At your best, you are emotionally self-aware, self-revealing, creative and extremely compassionate and humane.

Enneagram Type 5 is the Investigative Thinker

If you are a 5, you want to be informed, knowledgeable, concise and perceptive. Most importantly, you want to have a clear mind, be self-sufficient and not have the entanglements of obligation. You are deeply introspective and want to understand how systems work. You may have problems with avarice. Under stress, you may be arrogant, withholding, unemotional or distant. Your core fears are of being ignorant, without mastery, expertise or knowledge, mentally drained, obligated, without resources, disembodied, incompetent with psychic panic. At your best, you are objective, insightful, wise and clear minded expert in the area of your interests.

Enneagram Type 6 is the Loyal Guardian

If you are a 6, you want to be safe, secure, fit in and belong. Most importantly, you want to have certainty, putting your faith in a reliable authority, a trusted friend or a known system or tradition. You are the true devil's advocate and can always see both sides of every issue. You can struggle with feelings of fear, doubt and/or anxiety. Under stress, you can worry about being blamed and the to protect yourself, undermine or blame others. If you are the phobic 6, you will manage your fear by focusing on what could go wrong and become overly cautious. If you are a counter-phobic 6, you may deny your fear and take risks to prove that you are not afraid. Secretly you still prepare. Your core fears are of being alone, blamed for something you didn't do, afraid of being afraid, anxious you will worry that something will go wrong, being unprepared, without a protector or back up support person and/or wise others with expertise. At your best, you are courageous, supportive, engaging, dedicated and loyal.

Enneagram Type 7 is the Entertaining Optimist

If you are a 7, you want to be fascinating, fascinated, optimistic and enthusiastic. Most importantly, you want to be stimulated, creative, positive and excited. You see yourself as fun loving, diverse and playful. You are naturally upbeat and see possibilities that others miss. You may have problems with gluttony and always want more and the bigger, better, deal. Under stress, you may be scattered, overly happy, jaded or greedy. Your core fears are of being trapped in emotional pain, missing out, being inferior, uncool, limited, and/or bored. At your best, you are inspirational, visionary, playful, loving and joyful.

Enneagram Type 8 is the Protective Challenger

If you are an 8, you want to be open, honest, direct and straightforward. Most importantly, you want to be independent, make your own decisions and direct your own course. You want to be master and commander of your own life. You are honest and take pride in calling a spade a spade. You say what you mean and mean what you say. You may have problems with being excessive and going to extremes. Too much is almost enough. Under stress, you may be intense, intimidating, overpowering or unwilling to self-limit. Your core fears are of being misrepresented, powerlessness, being manipulated, humiliated, harmed and/or controlled. At your best, you are a protective, compassionate and magnanimous leader that is both tough-minded and tenderhearted.

Enneagram Type 9 the Peaceful Mediator

If you are a 9, you want to be peaceful, relaxed, comfortable and natural. Most importantly, you want to be agreeable and if at all possible to avoid conflict. You are a nice person and go along to get along. You want harmonious relationships. You are very receptive and a good listener. You are patient and like to take your time in whatever you do. You may have problems with inaction. Under stress, you may be passive-aggressive, neglectful and/or indifferent to the needs of others. You may be unresponsive and/or minimize. Your core fears are of being loveless, uncomfortable, inharmonious, overlooked, discordant, unimportant, non-existent, lost in complications and/or shutout. At your best, you are steady, kind, accepting, and deeply connected to others and able to successfully mediate differences and restore harmony.

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