

### Games

- **Two Truths and a Lie:** Each person has to tell 2 truths and 1 lie about himself or herself, then the group has to guess which statement was a lie.
- **Never Have I Ever:** Each person holds up 5 fingers and proceeds to make statements about things they have not experienced (i.e. “Never have I ever broken a bone). For those in the group that have experienced what was shared (i.e. broken a bone), they must put a finger down. The last one remaining “wins” the game.
- **Favorites:** Have one person come up with a question about their favorite (i.e. movie, food, sport, place to shop, etc) and then everyone answers says their favorite. Then, the next person gets to come up with a new “favorite” topic until everyone gets a chance to pick one.
- **Brands:** Have one person select a common household food or toiletry (i.e. peanut butter, toilet paper, bread, toothpaste, etc) and ask what brand they/their family always uses.
- **Question Game:** Pick 2 people. One starts off by asking a question, the other person has to respond with another question. They may not answer the question – if they do, they are out. If they pause, they are out. If they say filler words like, “uhhh” or “umm,” they are out. The winner then faces a different person until a champion is declared. You may only ask questions. Never respond.
- **Last Letter:** First player names a word, the next person has to name a new word starting with the last letter of the first word. If you hesitate for longer than 5 seconds, then they are out. Play advances to the next person. Last one standing wins. (Example: If one person says “orange”, the next person has to respond with a word that starts with “e.” If he or she says, “eggplant,” then the next person has to respond with a word that starts with “t” – as in television).
- **Guess the Song:** Queue up a popular playlist on your laptop or phone, play the songs, and have people guess what song it is. If you are daring, you can even decide to play it “Finish the Lyric” style, where the song is paused and the first person to finish the lyric wins.

# Have Some Fun Icebreakers

## Childhood

- What's your favorite family tradition?
- Who was your celebrity crush growing up?
- What did you want to be when you were growing up?
- What's the funniest thing you did as a kid that your parents still talk about today?

## Lifestyle

- What is your favorite food? Drink?
- What is your favorite meal to cook and why?
- What is your favorite TV show?
- What are you reading right now?
- What movie have you seen recently that you would recommend and why?
- What is the scariest thing you have ever done for fun?
- What is the weirdest food you have ever eaten?
- What are three things on your bucket list?
- What is something that is probably weird for other people, but is a normal habit for you?

## What If

- If you could live in any sitcom, which one would it be and why?
- If you had your own talk show, who would be the first guest you invited?
- If you can instantly become an expert in something, what would it be?
- If a movie was being made of your life and you could choose the actor/actress to play you, who would you choose and why?
- If you could visit any place in the world, where would it be and why?
- If you had to play one album forever, which one would it be?
- If you could meet any living person for dinner, who would you pick and why?
- If you could bring back any fashion trend what would it be?
- If you could only save one of your physical possessions in a fire, what would you save?
- If you could only eat one meal for the rest of your life what would you eat?
- If you could pick any decade to live your young adult years in other than this one, which would you pick and why?
- If you could choose your age forever, what age would you choose and why?
- If you had 25 hours a day, how would you use your extra time?

## Would You Rather

- Would you rather be invisible or be able to read minds?
- Would you rather live where it only snows or the temperature never falls below 100 degrees?
- Come up with your own!

## Going Deeper Icebreakers

- **Tattoo Exercise:** Ask everyone, “If you were to get a tattoo that would describe this season of your life, what would it be?” Allow them time to draw it and then have everyone share their tattoo and why they chose that as their tattoo.
- **Rose, Bud, Thorn:** Allow each person to share the following:
  - Rose: Something that has blossomed (going great, amazing)
  - Bud: Something that is blooming (looking forward to)
  - Thorn: Something that is painful (a struggle in need of overcoming)
- **Simple, Yet Profound Questions**
  - If you were to name the chapter of your life that you find yourself within, what would the title be and why?
  - What book have you read that changed your life the most?
  - What is the best piece of advice you have ever been given?
  - When you die, what do you want to be remembered for?
  - What is your absolute dream job?
- **Passions**
  - What are you passionate about?
  - What breaks your heart that you want to help change in the world?
  - What are you dreaming about?
  - What is keeping you from living out your dreams step by step today?
- **Embracing Vulnerability**
  - What is the hardest thing about being real and vulnerable for you?
  - What fears do you have?
  - When is a time that you have opened up and gotten rejected in the past?
  - Why do you think it’s worth opening up and trusting even if you’ve been hurt in the past?
  - How are you doing at choosing intimacy over isolation?
- **Testimonies**
  - When did you receive salvation?
  - What milestones have you overcome since then?
  - What milestones are you still in need of overcoming?
- **Understanding Upbringing**
  - What unique challenges did you have to overcome in your childhood?
  - How was your relationship with your mom and dad growing up? How is it today?

- **Daily Walk with God**

- How are you doing in your relationship with God?
- Who do you see God as for you personally? (Do you see Him as Father?)
- If you were being real with yourself, what do you believe He thinks of you and your life?
- What are steps you can take to deepen your relationship with God?

- **What Do You Really Believe?**

Seek to create a safe place for people to wrestle with their faith and make it their own. Encourage questions and any expression of doubt. We want them to wrestle it out here as opposed to in the world.

- What questions have you always had about God or Christianity that you've never asked or questioned before?
- Is God really in control?
- Why do bad things happen to good people?
- What is sin?
  - Does it really matter if I have sex? Drink? Smoke?
- Why am I supposed to tithe?
- Why am I supposed to read my Bible?
- Does prayer even matter?
- Do my choices in life matter?
- What happens if I mess up? Do I mess up God's will?
- Can I really hear God's voice?